



HOLLY HUSTLE
 RACE STATS

➔ 10.6 km / 6.6m

▲ ~225m

10% Road / 90% Trails

Meanwood Valley Trail Section

Hollies Loop Section

Start / Finish Meanwood Park

Route Description

1 You Start in **Meanwood Park**, run up into the woods via the path with an avenue of trees to the right of Green Road. Follow the main path in the woods until you merge **left** onto path.

2 Take the small path **straight** ahead of you after the stone house and take the next **left** where the path becomes narrow.

3 Pass the boulders and emerge out onto a wide open space, head **diagonally right downhill**, following an **old broken wall** down to the main footpath at the bottom (you can listen out for the water).

4 Emerge onto main path **turn left** and **immediately right** over the wooden footbridge and up the **steep stone steps**.

5 Once at the top, at the rhododendrons **turn left** and **keep right** in an uphill fashion.

Follow the sequence
Path on the right - **ignore**
Path on the right with steps - **ignore**
Path on right with a **bench** - **take this path**

6 Follow the path up to the **tennis courts** and turn **sharp right**. The follow this main path until it emerges onto the wide **bridleway**.

7 Follow the wide **bridleway** path all the way until just before the **Leeds Ring Road** and take the stone steps to the **right** and follow this path all the way until you come back to the same rhododendrons.

8 **Turn left**, **down the steps** and cross the same **wooden bridge** you crosses earlier.

9 **Turn left** and follow the main path all the way to the Road, cross the road and **turn left** and take the footpath marked with a **big Yellow Owl** Signpost "Meanwood Valley Trail"

Meanwood Valley Trail Section

10 After the tunnel follow the footpath and turn **Right** at the junction through a concrete bollard. Follow footpath until you reach a finger post, and **turn Left**.

11 Follow this footpath all the way to the **Viaduct** and go straight.

12 You will reach another finger post, go **straight** and **cross small wooden bridge** and when the route splits just after a **pond** turn **Right**.

13 Follow the path until you come out of the woods, you will meet an intersection, **go straight over** through the narrow footpath.

14 When you come to **Adel Crag** (you can't miss this). **Turn left** back on to the main path and **turn right** heading towards carpark.

15 Just before you reach car park take the path on your **immediate left** and almost immediate **right**

16 looking out for a set of steps that will take you down to the **Beck**.

17 **Turn left** at finger post at bottom of beck and follow the footpath along the beck until it heads back into the woods, when you reach a junction **turn right** which will take you back to the pond.

18 Head straight past the pond, down the steps, across the bridge and past the finger post until you once again head toward **Viaduct**.

19 As you approach **viaduct** you will see a path running **parallel** to the viaduct. **Turn right** onto this path and head uphill. At the top **turn left**.

20 When you emerge at the junction head straight towards the tunnel you ran under earlier (*do not make a second pass past the concrete bollard*).

21 At the ring road **turn Left** back towards Parkside Road and head **straight up Parkside Road**.

22 When the hill flattens out at the top of Parkside road **turn right** just before the cricket pitch and run behind the **cricket hut** and rejoin small footpath.

(Ignore the path to the right as this will take you on a second lap.)

23 Emerge onto path and **turn right** back onto the path through the woods. Follow this path until you emerge into the park and through the avenue of trees.

FINISH.